Admin Overview & Pre-Event Instructions

Overview:

This Team Builder is about having fun and encouraging everyone to participate actively. This activity promotes Curiosity, Team Bonding, Listening & Communication Skills, and a Better Understanding of each Team Member's Perspectives and Experiences.

You are provided with:

- A link with a digital dice (in case you are doing this virtually)
- A link with a digital version of the 125 question
- A link with 131 question cards so you can print your own cards on card stock and do this inperson!

Alternatives:

Variation #1: Instead of having teams, you can play as individuals.

Variation #2: To add an element of competition, you can set a time limit for each team to answer their question. The team that answers the most questions within the shortest time gets additional points.

Variation #3: Add a listening component and after everyone has shared, each person has to share something they learned about the person with the next name after their first name in the alphabet. (Joe would then share about John. Josue would then share about Karen; etc.)

Notes 8	Other Ideas:			



Team Instructions

- **Step 1:** Divide the participants into teams. Each team should ideally consist of an equal number of members.
- **Step 2:** Each team takes turns rolling the dice. The number rolled will correspond to one of the six categories.
- **Step 3:** Once the dice has been rolled and the category determined, the team must select a question card from that category to answer. They can choose any card from that category, but they should not look at the question until they are ready to answer it.
- **Step 4:** The team then discusses and answers the question together, promoting open communication and teamwork. Encourage each team member to contribute their thoughts and ideas.
- **Step 5**: After the team has answered the question, the next team takes its turn by rolling the dice.
- **Step 6**: Repeat the process until all teams have had a chance to answer questions from each category or until you reach a predetermined number of rounds or time limit.
- **Step 7**: At the end of the activity, you can have a group discussion to share interesting insights, experiences, or perspectives that arose during the game.

Notes:

Admin - Anchoring In the Lessons

Questions to Ask the Team After the Breakouts and Shares:

- What surprised you about the different experiences and answers from different team members?
- What similarities did you hear in the different answers?
- How can we continue to build upon the connections made during this activity and ensure that we maintain an open and inclusive team environment?
- Are there any team-building activities or initiatives we could plan in the future to continue fostering a strong sense of camaraderie and mutual respect among team members?

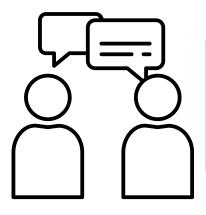
Points to make as people share and as the opportunity arises:

- These discussion questions encourage team members to reflect on the activity's outcomes, consider its implications, and brainstorm ways to strengthen their team bonds further.
- By discussing these topics openly and honestly, the team can grow stronger and more cohesive, leading to improved overall performance and satisfaction in working together.
- You learn interesting things about others when you slow down and take the time to listen.
- You often find common grounds when you share your interests
- Honing your Listening & Communication Skills often result in a Better Understanding of each Team Member's Perspectives and Experiences

Additional Sharing: What are some ways we can maintain this level of openness & getto-know-you attitude on an ongoing basis, even as the team grows over time?



This Month's Team Builder was all about Curiosity, Communication, Teamwork, and embracing our Team's Diversity!



Takeaway #1: Knowing each other beyond their professional roles helps create a safe and supportive environment for open communication.

Takeaway #2: Learning about each other's backgrounds, cultures, and perspectives helps team members appreciate the diversity within the group.



What were your favorite takeaways?