

TEAM BUILDER KITCHEN SURVIVAL



UPLEVELING  YOUR BUSINESS

TEAM BUILDER: KITCHEN SURVIVAL

Admin Overview & Pre-Event Instructions

Overview:

This activity encourages teams to practice decision-making, negotiation, and consensus-building in a fun and interactive way. By reflecting on the process, team members can gain insights into their communication styles and improve their collaboration techniques.

Preparations:

- List of 20 kitchen items
- Timer (set for 20 minutes)
- Paper and pen for each group to take notes

Alternatives:

- ✨ Do as one big kitchen.
- ✨ Set challenges like preparing different dishes and see which kitchen can successfully complete each challenge.

Notes:

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Team Instructions

1. Divide participants into small groups that best fit your team size. Ideally, aim for groups of 4-6 members.
2. Read the following scenario to all participants: *"Imagine you have to choose 5 kitchen items out of a list of 20 kitchen items to use for the next 30 days. You can only keep these five items, and you must decide together as a team which items are the most essential for your survival in the kitchen for the next 30 days."*
3. Each group has 20 minutes to discuss and decide on the five items they will keep. The goal is to reach a mutual agreement that all team members support.
4. After 20 minutes, ask each group to present their choices.

20 kitchen items

1. Knife
2. Saucepan
3. Cutting Board
4. Frying Pan
5. Spatula

6. Mixing bowl
7. Measuring cups
8. Can opener
9. Grater
10. Peeler

11. Whisk
12. Tongs
13. Baking sheet
14. Colander
15. Rolling pin

16. Ladle
17. Wooden spoon
18. Blender
19. Toaster
20. Microwave

Notes:

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Admin - Anchoring In the Lessons

After 20 minutes, ask each group to present their choices. Each group should explain:

- Which five items they chose
- The reasons behind their choices
- How they came to a mutual agreement

Lead a discussion with the entire group. Ask the following questions to anchor the lessons learned:

- How did your group reach a consensus?
- What communication strategies did you find most effective?
- Were there any disagreements? If so, how did you resolve them?
- What did you learn about your teammates during this activity?
- How can you apply these communication and cooperation skills to your daily work?

Additional Sharing: How did differing opinions within your group impact the decision-making process, and what strategies did you use to ensure everyone's voice was heard?

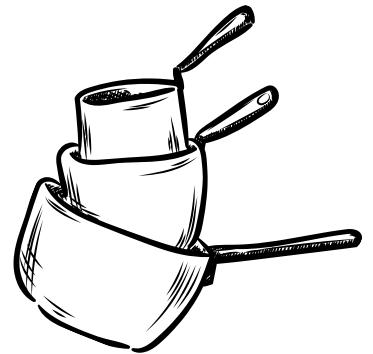
TEAM BUILDER: KITCHEN SURVIVAL

This Month's Team Builder was all about Building Cooperation and Communication Techniques among Team Members!



Takeaway #1: The need to discuss and debate the importance of each kitchen item requires team members to articulate their thoughts and listen to others, fostering better communication skills.

Takeaway #2: The team must work together to prioritize and decide on the most essential items, which teaches the importance of cooperation and finding common ground in decision-making.



What were your favorite takeaways?



Date:

Time:

Location:

Facilitator(s):

TEAM BUILDER AGENDA

Summary/ Theme of Team Builder

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Welcome

12:00pm - 12:10pm Prompt To Post in Chat
Set up theme for the call and agenda

Notes:

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Agenda Topic 1: Ice Breaker

12:10am - 12:20am Write a short sentence listing the main objectives of the subject under discussion and what you hope to achieve.
Speaker:

- Purpose
- Ideas
- Goals

Notes:

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Agenda Topic 2: Content

12:20pm - 12:50pm Write a short sentence listing the main objectives of the subject under discussion and what you hope to achieve.
Speaker:

- Purpose
- Ideas
- Goals

Notes:

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Marketing Share

12:50pm - 12:55pm Marketing Team to share what is coming up and how the Team can support!

Notes:

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Close & Sendoff

12:55pm - 1:00pm Prompt To Post in Chat
Best Nugget of the Day

Notes:

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